



KGV

sodexo
at SCHOOL

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at SCHOOL

“ MAKE YOUR VOICE HEARD ”
Every voice matters

GIVE YOUR FEEDBACK TO US



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sodexo

MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



A Healthy and Balanced Diet Every Day!

sodexo
at SCHOOL



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Sodexo Hong Kong Website



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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Sep 22 - 26

WEEKLY MENU



22/09 Monday

23/09 Tuesday

24/09 Wednesday

25/09 Thursday



26/09 Friday



SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in 	Japanese Curry Pork w/ Rice 	Lemongrass Pork Chop w/ Rice 	Grilled Chicken Steak in Creamy Mushroom Sauce w/ Rice 	Sweet & Sour Pork w/ Rice 	Chicken Tikka Masala w/ Rice OR Papadum [\$47]
Meal B \$41 Takeaway \$38 Dine-in 	Tomato Beef Stew Linguini 	Braised Chicken in Portuguese Sauce w/ Spaghetti 	Baked Fish Fillet in Tomato Concasse w/ Macaroni 	Beef Goulash w/ Penne OR Rice 	Fish Molee w/ Rice OR Pita Bread
Meal C \$38 Takeaway \$35 Dine-in 	(Vegan) Braised Organic Eggplant & Omni-Meat w/ Rice 	(Vegan) Cannellini Bean Stew w/ Rice OR Spaghetti 	(Vegan) Sauteed String Bean w/ Dried Tofu & Kale Borecole, Rice 	(V) Creamy Spinach Penne 	(Vegan) Vegan Kofta Korma w/ Fusilli OR Pita Bread

BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday: Lunch 12:00nn - 1:15pm; Tuesday to Friday: Lunch 1:15pm - 2:15pm

Bowl \$41	Stir-fried Flat Rice Noodle w/ Chicken 	Tteok-Bokki (Korean Spicy Rice Cake) 	Japanese Char Siu Ramen (Pre-order Available) 	Shanghainese Soup Noodle w/ Chicken (Pre-order Available) 	Stir-fried Egg Noodle w/ BBQ Pork
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LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36 	Grilled Bacon Caesar 	(V) Japanese Cold U-don in Sesame Dressing 	Thai Beef Salad in Sweet Chili Sauce 	Potato & Chicken Salad in Thousand Island Dressing 	(Vegan) Indian Salad (Kachumber Salad)
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PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Pizza A \$30 	Ham & Cheese 	Teriyaki Chicken 	Bacon & Cheese 	Pepperoni & Cheese 	Meat Lover
Pizza B (Vegetarian) \$30 	Trio Cheese 	Marinara 	Margherita 	Trio Cheese 	Marinara



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Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



Sep 22 - 26

WEEKLY MENU



22/09 Monday				23/09 Tuesday			24/09 Wednesday			25/09 Thursday			26/09 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Japanese Curry Pork w/ Rice			Lemongrass Pork Chop w/ Rice			Grilled Chicken Steak in Creamy Mushroom Sauce w/ Rice			Sweet & Sour Pork w/ Rice			Chicken Tikka Masala w/ Rice OR Papadum		
	152	10	8	155	7	5	167	10	6	212	12	10	148	11	5
Meal B	Tomato Beef Stew Linguini			Braised Chicken in Portuguese Sauce w/ Spaghetti			Baked Fish Fillet in Tomato Concasse w/ Macaroni			Beef Goulash w/ Penne OR Rice			Fish Molee w/ Rice OR Pita Bread		
	157	11	6	155	7	7	144	11	4	186	11	6	168	8	8
Meal C	Braised Organic Eggplant & Omni-Meat w/ Rice			Cannellini Bean Stew w/ Rice OR Spaghetti			Sauteed String Bean w/ Dried Tofu & Kale Borecole, Rice			Creamy Spinach Penne			Vegan Kofta Korma w/ Fusilli OR Pita Bread		
	194	9	9	131	5	3	158	6	7	148	6	7	178	4	12
Bowl	Stir-fried Flat Rice Noodle w/ Chicken			Tteok Bokki			Japanese Char Siu Ramen			Shanghainese Soup Noodle w/ Chicken			Stir-fried Egg Noodle w/ BBQ Pork		
	154	9	5	188	5	9	211	12	12	128	11	5	159	9	5
Salad Box	Grilled Bacon Caesar			(V) Japanese Cold U-don in Sesame Dressing			Thai Beef Salad in Sweet Chili Sauce			Potato & Chicken Salad in Thousand Island Dressing			Kachumber Salad (Indian Salad)		
	196	10	13	165	10	5	110	5	5	175	10	13	33	1	1



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